

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
		<b>Happy New Year!!!</b>  <small>New Year's Day</small>	<b>1</b> 10a Hydration and Hor d'oeuvres 11a Sing with Trudy, Capers and David 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>2</b> a Beauty shop with Donna 10a Hydration and Hor d'oeuvres 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>3</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>4</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise
<b>6</b> 9:30a Worship with Pastor Redmond  3p Visit with Family and Friends	<b>7</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>8</b> a Beauty shop with Donna 10a Hydration and Hor d'oeuvres 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>9</b> 10a Hydration and Hor d'oeuvres 11a Sing with Trudy, Capers and David 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>10</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>11</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>12</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise
<b>13</b> 9:30a Worship with Pastor Redmond  3p Visit with Family and Friends	<b>14</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>15</b> a Beauty shop with Donna 10a Hydration and Hor d'oeuvres 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>16</b> 10a Hydration and Hor d'oeuvres 11a Sing with Trudy, Capers and David 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>17</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>18</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>19</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise
<b>20</b> 9:30a Worship with Pastor Redmond  3p Visit with Family and Friends	<b>21</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise <small>Martin Luther King Day Tu B'Shevat</small>	<b>22</b> a Beauty shop with Donna 10a Hydration and Hor d'oeuvres 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>23</b> 10a Hydration and Hor d'oeuvres 11a Sing with Trudy, Capers and David 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>24</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>25</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>26</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise
<b>27</b> 9:30a Worship with Pastor Redmond and Judy Sike's Choir  3p Visit with Family and Friends	<b>28</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise <small>Australia Day (observed)</small>	<b>29</b> a Beauty shop with Donna 10a Hydration and Hor d'oeuvres 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>30</b> 10a Hydration and Hor d'oeuvres 11a Sing with Trudy, Capers and David 3p Hydration and Hor d'oeuvres 3:30p Exercise	<b>31</b> 10a Hydration and Hor d'oeuvres 11a Cognitive and Sensory Activities 3p Hydration and Hor d'oeuvres 3:30p Exercise		

Any change in activities will be posted.